

PENS ADMINISTER CAPITAL PUNISHMENT, PG 8

Celebrity Buzz

K-Fed's
got
money
woes
pg 18



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MONTON • THURSDAY, MAY 14, 2009

metronews.ca

Food

pg 14



Big cheers
for long
weekend
beers

Alberta pilot chosen for space training

ASTRONAUTS The stars have aligned for an Alberta-based CF-18 fighter pilot, chosen to join an elite group of Canadian astronauts.

Jeremy Hansen, a Combat Operations Officer at 4 Wing Cold Lake, is one of two new spacemen chosen yesterday via the third national recruitment campaign in history. Hansen joins Quebec doctor David St-Jacques. The pair was hand-picked from a shortlist of 16, narrowed down from 5,000 applicants.

METRO EDMONTON

SunnySide

Follow Metro's SunnySide initiative as we help you find the good news around Edmonton and Canada. This is also a Call to Action for you to send us your suggestions at Edmontonletters@metronews.ca, metronews.ca or on Twitter @metroedmonton.

On metronews.ca
 • Share your SunnySide thoughts on Twitter using #sunnyside
 • See what other Metro readers are doing and saying about SunnySide
 • Enter for a chance to win a Sony Blu-ray player Today
 • Comment — Steve Collins on relationships, pg 6
 • Mayor eyes downtown core for possible skate park, pg 3

Cannes Bollywood glam



Bollywood actress Aishwarya Rai Bachchan waves as she arrives for the screening of the animated film Up by director Pete Docter on the opening night of the 62nd Cannes Film Festival yesterday. Twenty films are competing for the prestigious Palme d'Or.

Owner charged after dog attack

DOGS The owner of a white American bulldog is facing three charges, after the dog allegedly burst through a fence and killed Ruggles, a Shih Tzu being walked in an alley Saturday.

Though the eight-year-old bulldog's breed is genetically predisposed to canine aggression, the dog, named Smokey, is gentle and submissive with humans, said city coordinator of animal control enforcement Art Becker.

"We've had a tragic event and know the dog owner responsible has been very considerate, and committed to building a larger fence around his yard," Becker said. "He really loves that dog — it's evident."

Smokey's owner has been handed three charges: Dog attack causing death of another animal, animal not under control, and owning a dog without a licence.

Though Ruggles' owners are calling for the bulldog's death or removal, the likely penalties will be less severe, Becker added, as Smokey has no history of aggression, and was reasonably confined in his yard.

"It was just a sequence of time and opportunity," he said.

If his owner is convicted, Smokey will be placed on a restricted dog list.

VICTORIA HANDYSIDES/
METRO EDMONTON

Unmarried with kids

More women having babies out of wedlock, study says

KRISTEN THOMPSON
for Metro Canada

Top of the list

- Iceland had the highest rate of non-marital births in 2007, at 66 per cent, according to the Centers for Disease Control.

doubling and tripling in some cases. In Norway the rate climbed to 54 per cent in 2007, up from 15 per cent in 1980.

The rate in the Netherlands rose to 40 per cent from four per cent.

Elizabeth Saewyc, a nursing professor at the University of B.C., said the chang-

ing rates can be attributed to a shift in social values away from marriage toward co-habitation.

"It's becoming more okay (for unmarried couples) to live together, so raising children together is more socially sanctioned," Saewyc said, adding that teen pregnancy rates have been declining while birth rates are increasing among adult women.

She said half of non-marital Canadian births in 1970 were to teens, and in 2007 that rate dropped to less than a quarter. On the other hand, more women between 25 and 40 are having

babies than in the recent past.

"Not being married doesn't mean it's not a two-parent household," Saewyc added. "Two engaged parents who are committed to taking care of their children does not necessarily require them to be legally married."

Barbara Mitchell, a sociology professor at Simon Fraser University, added that women are waiting longer to have children so they can be independent.

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Province releases flu pandemic procedure guide

The Alberta government has released a guide to help employers prepare for a possible future flu pandemic. The Best Practice Guideline for Workplace Health & Safety During Pandemic Influenza has info on legislated requirements, strategies and employment standards. It can be found online at employment.alberta.ca. **METRO EDMONTON**

Local



Seeking a few good Mounties

Edmontonians looking for a career nowhere near ordinary need look no further. The RCMP is recruiting cadets. More than 150 different varieties of positions are available. Find out more at an information session today from 2 to 8 p.m. at Millennium Place on 2000 Premier Way in Sherwood Park.

METRO EDMONTON

Urgent surgeries OK: Liepert

JEFF CUMMINGS
jeff.cummings@metronews.ca

Surgeons at Edmonton's Royal Alexandra Hospital have been told to cancel roughly 15 per cent of its elective surgeries by Alberta Health Services, but Alberta's health minister says it's more of a slowdown to cut down on overtime costs.

While being grilled by opposition parties about the move during question period, Health Minister Ron Liepert said workload at the hospital rose during the first quarter this year.

"Urgent care and urgent surgeries will be proceeding as they always have."

Health Minister Ron Liepert

And since the workload racked up a "significant" amount of overtime costs, Alberta Health Services has told surgeons at the hospital to maintain the number of surgeries as it was during the end of 2008.

"Why have you again failed Albertans, leaving them waiting in pain and darkness because you've cancelled their surgeries?" NDP Leader Brian Mason asked Liepert.

"Nobody has cancelled anybody's surgeries and it has been very clear, Mr. Speaker, that urgent care and urgent surgeries will be proceeding as they always have," Liepert replied.

David Eggen, an executive director with Friends of Medicare, said the government's constrained budget for Alberta Health Service has forced hospitals to scramble.

"It's a contracting bud-

get, so now hospitals are left scrambling to make ends meet," said Eggen. "So, here they are cancelling surgeries and I don't think anyone would find that acceptable."

Since the government is looking to delist services, along with trying to force criminals to pay for their victims' health bills with Bill 48, the government has taken on an aggressive agenda to privatize health care, said Eggen.

Alberta Health Services says knee, hip and cataract operations will be postponed, while urgent surgeries will go ahead.

Mayor eyeing 'dream come true' skate park

JEFF CUMMINGS
jeff.cummings@metronews.ca

Skateboarders who are looking for a place to skate in the city's downtown core are suddenly getting some support from Edmonton's mayor.

Mayor Stephen Mandel asked city administration yesterday to come up with

a report on the possibility of having a skateboard park in the downtown core since many areas and existing parks already prohibit skateboarding.

"There is focus on our youth and there is a need to keep them engaged and active," said Mandel at a city council meeting yesterday.

"We do have some programs in place, but not

SunnySide ☀
nearly enough."

Churchill Square also prohibits skateboarding, but Mandel says the city must provide space for "this harmless and healthy activity."

"This is basically a dream come true for Edmonton city skaters," said

local skateboarder Tim Mercer. Mercer said a central park in the city is urgently needed since local skaters travel far distances to get to parks in Millwoods or Castledowns — or outside the city to parks in Morinville or Leduc.

A report is expected to come back to the city's community services committee later this year.

metronews.ca

What's online today.

Video Thousands of Tamils continue their protest at the Ontario legislature at metronews.ca/canada

Lotteries
Lotto 6/49 6, 10, 24, 28, 31 & 46 Bonus 25.
These results are not official.

News in brief

SUMMER FUN Girls in bikinis and boys doing the twist: It's time to start summer with Mill Creek Outdoor Pool's Kick-off the Summer Party. There will be games, facepainting, an inflatable bouncy castle, a travelling zoo, music, swimming, prizes, free ice cream and more. Grab your towel on Saturday and come out to Mill Creek Outdoor Pool at 9555-84 Avenue from 1 to 4 p.m.

METRO EDMONTON

55 fined in jaywalking crackdown

SAFETY A weeklong crackdown on jaywalking downtown has resulted in 55 people facing \$250 fines, say officials at the city's corporate security office.

Police officers handed out roughly 42 tickets to people who ignored don't-walk signals, including 13 on Tuesday, said executive officer Kerry Nisbet.

"The ones that are getting the tickets are certain-

ly getting the message," said Nisbet. "We've done what we can to give people fair notice ... but there are still people making that choice to cross the road between intersections and ignoring signs."

About 57 people died and 336 people were hospitalized after pedestrian-vehicle mishaps in Edmonton between 2004 to 2006.

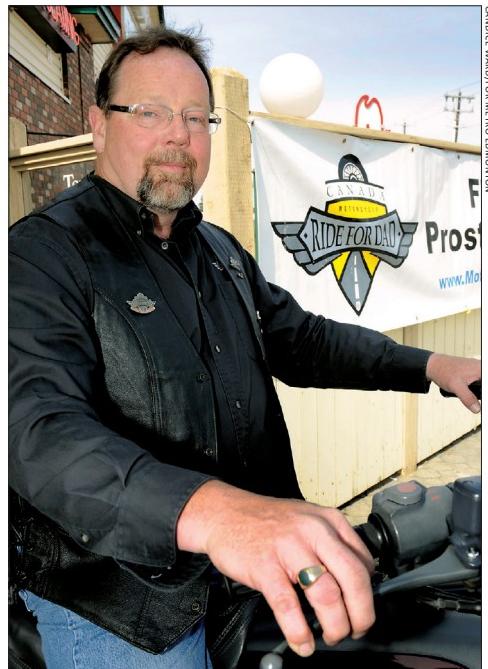
METRO EDMONTON

approximately 800,000 are unaware of it.

"We rely on the women to get their husbands, boyfriends and loved ones to go for tests," said Jim Stewart, director of advertising and education for the event.

Last year Edmonton raised more money than all but one of the other 22 participating cities.

"To heck with beating Ottawa, let's just beat Calgary again," said Gord Steinke, last year's celebrity ride captain.



Gerry Crawford, third-year ride captain for Motorcycle For Dad, helps announce the 2009 ride at the Tony Roma's on Calgary Trail yesterday.

Motorcyclists ride for prostate cancer funds

KENDALL WALTERS
for Metro Edmonton

On June 13, the leather-clad bikers in the news won't just be cruising the streets but also raising money for a cause.

The third annual Motorcycle Ride for Dad has riders collect pledges for prostate cancer research and education.

According to organizers, an estimated one million men in Canada have prostate cancer; of those,

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Canadian pigs and pork are unlikely to spread Influenza A (H1N1), also known as swine flu, and are safe to import, Britain's Department for Environment, Food and Rural Affairs said yesterday. **REUTERS**

Canada



Girl Guides may drop God

The possibility that Girl Guides of Canada will drop any reference to religion from its all-important Guiding Promise is drawing an angry response from parents, who have taken to Facebook to debate the issue. "This speaks to people's fundamental values, and I think that's why it's touched a nerve," says Louise Simos, whose nine-year-old daughter Alexandra is a Girl Guide.

TORSTAR NEWS SERVICE

Colour a barrier, study says

Darker-skinned immigrants report feeling less welcome

Vanessa Kirunda is the last person you'd expect to be looked down on.

Poised, articulate, educated and confident, Kirunda, a black woman, can dissect and analyze why Canadians treat her differently.

But all bets were off when schoolmates called her 10-year-old son Sean a racial epithet. Three times. By children of three different backgrounds.

"I anticipated this would happen, but it breaks my heart. Something is wrong

when children say these things. On top of everything, I'm not going to have my child degraded."

Kirunda and her son, Canadian citizens who immigrated from Kenya six years ago, face exactly the sort of walls a major study of multiculturalism and society pinpoints.

Crunching thousands of numbers from 41,666 people interviewed in nine languages, the just-published study found skin colour — not religion, not

income — was the biggest barrier to immigrants feeling they belonged here. And the darker the skin, the bigger the alienation.

"We were surprised that religion didn't have more effect," said lead author Jeffrey Reitz. "It came down to race, with Asian people reporting some and with young black males the most stigmatized. The data is consistent with that.

"We tend to believe racism is a minor problem in Canada, of little conse-

quence. Someone looked at them funny. Or that many immigrants are doing well, so it must be their fault if they aren't. There is a reluctance to investigate the issue," said Reitz.

The University of Toronto professor of ethnic, immigration and pluralism studies added that a lack of trust was also higher among the successful, Canadian-born, Canadian-educated children of visible minority immigrants.

TORSTAR NEWS SERVICE

News in brief

POLITICS The Conservative party launched a series of ads attacking the opposition Liberals yesterday in a bid to recover lost ground in public

support ahead of a possible election. The Liberals have threatened to try to topple the minority government by mid-year.

SCIENCE Konan Michel Yao, a researcher at a top-ranked Canadian infectious disease laboratory in Winnipeg, has been charged with attempting

to smuggle vials of biological materials into the United States, Canadian and U.S. officials said yesterday.

REUTERS

Calgary Condi draws critics



Protesters gathered in Calgary yesterday to protest former U.S. secretary of state Condoleezza Rice, who was in the city yesterday after being invited by the University of Calgary to speak at the Hyatt Regency.

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Woman reinstated after stolen kiss led to firing

A Turkish court has ordered an employer to reinstate a woman who was fired after she kissed her boyfriend at work. The woman had been terminated after she was caught kissing on the business's security camera. **REUTERS**



World



Suggestive Venus unearthed

A sexually suggestive Venus figurine with oversized breasts and thighs dates back at least 35,000 years and shows ancient humans had sex on their minds, researchers said yesterday. The 60-millimetre-long figurine, excavated in an archeological dig in southern Germany, may be the oldest piece of its kind yet discovered researchers said. **REUTERS**

Aid worker killed in shelling

SRI LANKA Shelling killed a Red Cross worker inside Sri Lanka's war zone yesterday, the aid agency said, while troops and the Tamil Tigers battled in an intensifying fight to the finish of Asia's longest modern war. The International Committee of the Red Cross (ICRC) said a 31-year-old local staff member and his mother were killed by a shell. **REUTERS**

News in brief

POLITICS Sarah Palin, Alaska's governor and last year's Republican U.S. vice-presidential candidate, has signed a deal to write her memoirs with publisher HarperCollins, the Anchorage Daily News reported Tuesday. Palin did not disclose how much she would be paid by the publisher, which is owned by Fox's and Rupert Murdoch's News Corp. **REUTERS**

Indian voting ends

"We are looking at political uncertainty..."

Amulya Ganguli

mark in the last 2004 general election.

Prime Minister Manmohan Singh's Congress party-led coalition is ahead with 185-205 seats in the 543-member lower house of parliament, an exit poll by CNN-IBN television said.

An alliance led by the opposition Bharatiya Janata Party (BJP) would take 165 to 185 seats, leaving both the main political formations far short of the 272 needed for a majority.

"We are looking at political uncertainty and horse-trading," said Amulya Ganguli, a New Delhi-based political commentator.

They were way off the

REUTERS

Flu reaches Cuba; more cases here

FLU Influenza A (H1N1), also known as swine flu, has hit Cuba, Finland and Thailand. There are nearly 6,000 people infected in 33 countries, the World Health Organization said yesterday.

There were also eight new cases of the flu virus confirmed in Alberta yesterday, bringing the number in the province to 61.

A man, woman and young girl infected are from the Edmonton area.

Included in the latest count is a student from Grant MacEwan College.

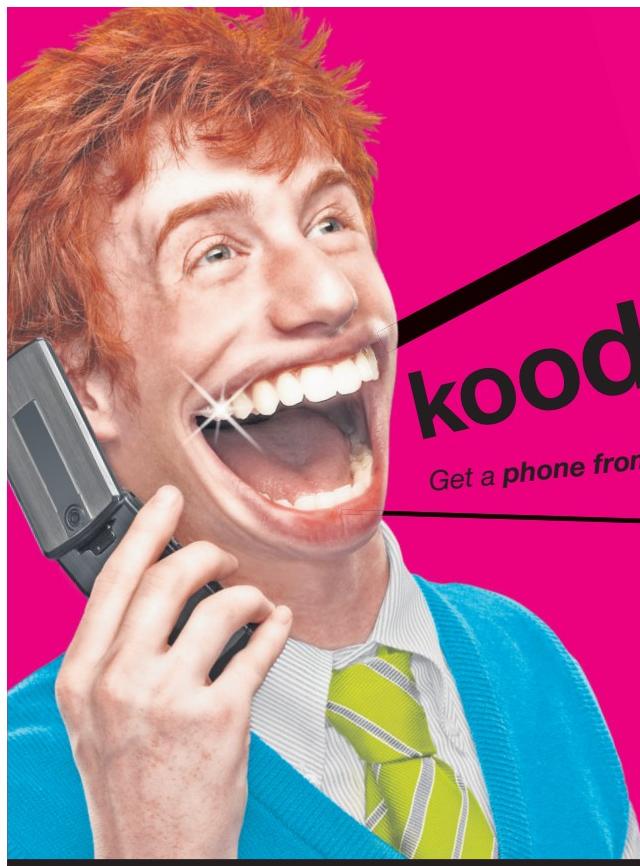
All experienced mild symptoms, and it is not known if any contracted the virus while travelling.

METRO NEWS SERVICES

Pakistan influx of refugees



Internally displaced children try to get food at a distribution centre in Pakistan's Swat district, where troops launched an offensive against militants yesterday. An estimated 800,000 civilians had fled from the latest fighting.



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Comment & Views

Comment

Dysfunction dying out

Relating

Steve Collins

metronews.ca/collins

As we continue our efforts this week to find the good in these tight-money times, it only makes sense to contemplate the unbuyables — health, happiness and of course love.

On the relationship front, I could offer tips on romantic outings to the local Service Canada office to file for Employment Insurance together, or getting reacquainted with your parents as you move back into their basement, but the secret to the SunnySide Method™ is perspective.

If your job or savings

On the web

SunnySide

For more views on relating, go to Love Bytes at metronews.ca/blogs

don't bear unpanicked scrutiny these days, you might find it reassuring to take stock of your personal life. Then again, maybe this is the last thing you want to think about. There is, after all, when considering one's relationships, a tendency to dwell on the problems and the irritants, no matter how minor. Relationship columnists, always in search of a conflict on which to hang the story, are doubly guilty of this.

Chances are though, if you really think about it, things are more right than wrong. For every one of your love's grating eccentricities, there are probably three everyday kindnesses you forgot that you take for granted. If not, what are

you twists still doing together?

And some of us are better at this than others, but it might even be appropriate while taking stock, to spare a thankful thought for your exes. No matter how badly it ended, you've still got the memories, whether bittersweet or giddily pornographic, and everything you learned from each other — even if in the end it had to be learned the hard way.

Your important relationships aren't limited to the romantic, either. Your friends and family, the softball team or the co-workers (if you still have co-workers, of course) all populate that vital non-economic part of life.

For every small way these people drive you crazy, they make up for it by lending a

hand, sharing a laugh, making you see things differently.

If brute optimism isn't enough to get you through, the occasional piece of statistical evidence pops up to suggest we're getting better at getting along.

For example, in new research from the University of Lethbridge, Canadian teenagers are reporting better relationships with their parents today than any teens in the last 30 years. Arguments are down, and mutual enjoyment and understanding up, according to the national survey.

Less dysfunction at home should mean less mess later, as it's striking how much the dynamics of future relationships resemble those first ones within your family, so this is an encouraging trend.

Steve Collins offers his best guesses on relationships for Metro every two weeks.

Views

Sheeple sheds light on MP's time with PM



Garth Turner

"Garth who?"

So, the official response to my latest book by the Prime Minister's Office summed things up nicely.

I couldn't have put it better myself.

After all, these were the guys who'd obsessed about what to do with me, how to stop my blogging, from talking to reporters, from webcasting in the foyer of the House of Commons and from scrutinizing my own party's policies, for the entire time I was a Stephen Harper MP.

It was just days after I was elected again in 2006 that Harper's right-hand man, chief of staff Ian Brodie, ordered me to go offline — or be punted from my own party. Ten

months later, he and his boss did just that. And when they did, for the high crime of opening my mouth and having an opinion, they alleged instead I'd broken caucus confidentiality in writing about party secrets.

This is what makes the reaction to my book, "Sheeple," ironically tasty. In Harper's caucus, there are no secrets. There's nothing to keep confidential. MPs aren't allowed to speak without prior permission. They know the consequences of questioning the leader or his dictates. Debate does not exist. During my time in that room there was no free discussion on

Afghanistan, same-sex marriage, gun control or the environment.

This is because in Harper's Canada, MPs don't matter. Our prime minister believes that Conservatives elected go to Ottawa to work for him, and the party. They're employees, to be cajoled, herded, muscled, or in the case of me and Maritime MP Bill Casey, fired for insubordination.

My deep mistake was to believe members of Parliament work for the people who send them there. And that is what I told the guy. The people are the ones an MP must answer to, report to and stand before. The job of the elected is to rep-

resent the voters to Ottawa, not come home and tell the citizens what to believe.

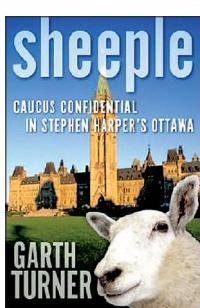
In the end, I had to go.

The PM was sick of my blog and my lip, and made a fine example of me by tossing me out of his caucus, then out of the party I had belonged to longer than he.

And although I had

served two previous Conservative prime ministers, sat at the cabinet table and even been a leadership contender, Stephen Harper dropped the political nuke as a signal to the sheeple in his flock that anyone who displeased him would be dooced.

And then dismissed — like the voters.

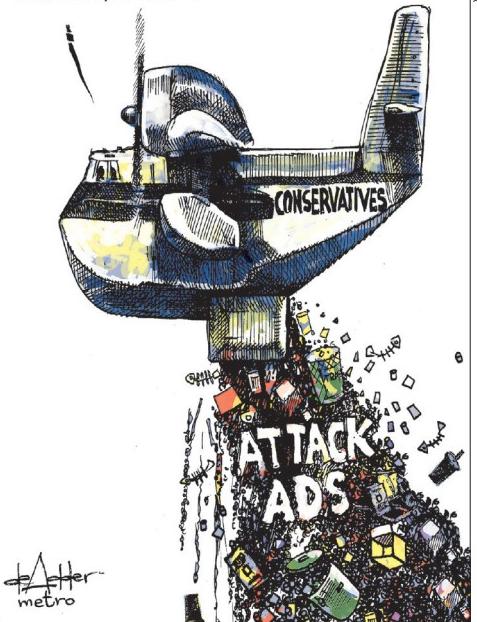


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Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

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INTERESTING NEW STRATEGY, MR. HARPER.



Letters

SunnySide

Leave your lunch at home and hit a café to help economy

Re: SunnySide initiative

I propose that on Friday, May 29, every daytime worker do not bring a lunch if they can possibly buy it for that day. That includes coffee or tea. The exceptions, of course, would be if it's financially impossible or there's no cafés or restaurants near them.

This would give all local cafés and restaurants across Canada immense business for at least one day.

May 29 should generate enough business to get some money circulating from British Columbia to Newfoundland. If it works, perhaps the following month do it again on June 26.

BARRY WOOD,
HALIFAX

SunnySide

Organic vegetables can help to reduce system spending

Re: SunnySide initiative

Here are some ideas: Instead of people opting to work out in a gym, lots of calories can be burned in their backyards by growing organic vegetables. Excess vegetables could be supplied to shelters or home-care centres, thus minimizing government funding.

Those government funds can be utilized for creating jobs in less-developed areas.

It's time to rethink the millions of dollars that goes for some ridiculous research project, such as men's and women's grooming habits.

PRADEEP KRISHNA RAO,
MISSISSAUGA, ONT.

Metro Online Poll Results

66%
SAID YES

Would Canadian elections benefit from switching to STV?
Weigh in on today's question at metronews.ca

34%
SAID NO

Craigslist to drop "erotic services" ads: Official

Craigslist will replace its "erotic services" ads with a new adult category "to bar flagrant prostitution and porn," the Connecticut attorney general's office said yesterday. **REUTERS**



Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Pension issue threatens GM Canada

AUTO Pension issues are stymieing efforts to reach a new concession deal between the Canadian Auto Workers union and General Motors Corp. that is needed to keep the automaker's Canadian operations from liquidation, the head of the union said yesterday.

The two sides have until Friday to strike a new cost-cutting deal or the automaker could miss out on billions of dollars in government loans needed to keep GM Canada afloat.

The biggest hurdle involves the cost of pensions for GM's retired workers, CAW president Ken Lewenza said. Complicating matters is a pension fund shortfall at GM Canada estimated to be as high as \$7 billion. **REUTERS**

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Gadgets hurt efficiency gains, says new report

Energy use could triple by 2030, IEA warns

Demand for energy-thirsty gadgets such as cellphones, iPods, PCs and plasma TVs is undoing efficiency gains elsewhere, the International Energy Agency said yesterday.

The Paris-based energy adviser to 28 developed countries urged governments in a report to keep pace with the invention of new consumer devices when crafting efficiency standards, and implored people to make thriftier choices.

The IEA warned that otherwise energy used by household electronic devices could triple by 2030.

Energy consumption is associated with carbon

Consumption

- Residential electricity consumption has been growing in all regions of the world at an average of 3.4 per cent a year since 1990, the International Energy Agency report said.

emissions because most electricity is generated from burning high-carbon fossil fuels such as coal and natural gas.

But the world doesn't have to curb an insatiable appetite for ever more clever, exciting or fashionable gadgets, provided people choose the most efficient versions available.

said IEA analyst Paul Waide.

He said that governments have generally been reluctant to introduce policies for these types of products because they've been changing so much.

Technologies were already available to improve efficiency by at least 40 per cent across most appliances, the report found, but uptake depends on choices by fickle consumers.

"The extent of savings is large; however, the energy and financial savings on individual residential appliances often appear insignificant to consumers," the report said. **REUTERS**

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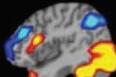
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The Department of Psychiatry

We are looking for volunteers to participate in studies of cognition/brain function, using behavioral/functional neuroimaging (MRI) methods.

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TO BE ELIGIBLE YOU MUST:

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- Have no history of or be taking any medications for:
 - High blood pressure.
 - Neurological disorders or diseases (ex. head injury, epilepsy, seizures, brain tumor, brain surgery, stroke)
 - Psychiatric disorders (except for mood or anxiety disorders)
- Have no pacemaker, metal implants, prosthetics, pins, plates, or have ever had metal fragments enter your eye (dental work is OK.)
- Not currently undergoing treatment for mood or anxiety disorders

Compensation provided for time spent in the study and parking related expenses.

For more information, please contact:
the Laboratory of Dr. Dolcos at 780-492-3260, or
dlab@ualberta.ca

Jason Taylor is heading home and will return to the Miami Dolphins for the 2009 season. The South Florida Sun-Sentinel reported that Taylor has agreed to a one-year deal worth \$1.5 million to play for the Dolphins after spending one season with the Washington Redskins. METRO NEWS SERVICES

Taylor returns to Dolphins

Sports

SPORTS@METRONEWS.CA

Crosby bests Ovechkin

Pittsburgh eliminates Washington with wild Game 7 win



Sidney Crosby rose to the occasion in his first career playoff Game 7, recording two goals and one assist as the Pittsburgh Penguins punched their ticket to the Eastern Conference finals with a convincing 6-2 decision over the Washington Capitals at Verizon Center.

Crosby finished the series with eight goals and



Pittsburgh's Sidney Crosby, centre, celebrates his first-period goal with Kris Letang, left, and Bill Guerin last night. The Penguins won 6-2 and eliminated Washington.

13 points, and currently leads all players remaining with 12 total playoff goals.

Craig Adams, Bill Guerin, Kris Letang and Jordan Staal also lit the



Desjardins to head juniors

Willie Desjardins, left, coach of the WHL's Medicine Hat Tigers, has been named head coach of the Canadian junior men's hockey team, as they chase a record sixth-straight gold at the world junior championship. The 52-year-old from Climax, Sask., was an assistant coach on Pat Quinn's coaching staff when Canada won its fifth consecutive gold medal this January.

METRO NEWS SERVICES

Ontario open to helping Balsillie with arena renos

NHL The Ontario government is doing the old spinarama when it comes to financial help for BlackBerry billionaire Jim Balsillie's bid to bring the NHL's Phoenix Coyotes to Hamilton.

In a change of direction from last week, Premier Dalton McGuinty yesterday pointedly did not rule out

the province contributing some of the \$120 million Balsillie is apparently seeking for improvements to Copps Coliseum.

"We'll just have to wait and see if we get a sensible proposal. The last I've heard (is) that the NHL board of governors had dug in (and opposed the Coyotes being moved)." TORSTAR NEWS SERVICE

SCOREBOARD

MLB

YESTERDAY'S AL RESULTS
N.Y. Yankees 8 Toronto 2
Cleveland 4 Chicago White Sox 0

Tampa Bay at Baltimore
Seattle at Texas
Detroit at Minnesota
Boston at L.A. Angels
Kansas City at Oakland

TODAY'S AL GAMES
N.Y. Yankee at Toronto
Detroit at Minnesota
Seattle at Texas
Boston at L.A. Angels
Cleveland at Tampa Bay
Baltimore at Kansas City

YESTERDAY'S NL RESULTS
Atlanta 8 N.Y. Mets 7
Washington 5 San Francisco 3
Pittsburgh 6 St. Louis 2
L.A. Dodgers 9 Philadelphia 2
Florida at Milwaukee
San Diego at Chicago Cubs

TODAY'S NL GAMES
Florida at Milwaukee
L.A. Dodgers at Philadelphia
San Diego at Chicago Cubs
St. Louis at Pittsburgh
N.Y. Mets at San Francisco

NHL

YESTERDAY'S RESULTS
Pittsburgh 6 Washington 2

TODAY'S GAMES
Carolina at Boston
Anaheim at Detroit

NBA

YESTERDAY'S RESULTS
Dallas at Denver

TODAY'S GAMES
Boston at Orlando
L.A. Lakers at Houston

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Hitting streak comes to an end

Ryan Zimmerman's 30-game hitting streak came to an end as the Washington Nationals beat the San Francisco Giants 6-3 yesterday. METRO NEWS SERVICES

sports 9

Jays fall to Yankees

Brett Gardner went 2-for-3 with a triple, the first home run of his career and finished with three runs driven and two scored, as the Yankees crushed the Blue Jays 8-2 in the middle test of a three-game set at the Rogers Centre in Toronto.

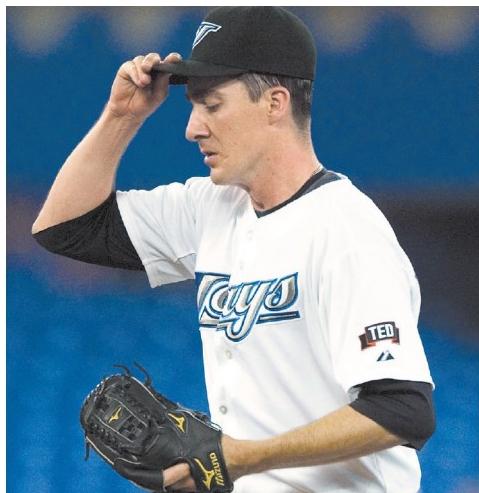
Rod Barajas drove in the lone run for Toronto, which saw its three-game winning streak halted.

Scott Rolen had a pair of hits and scored a run in the setback.

Vancouver's Scott Richmond (4-2) was saddled with the loss after yielding five runs on seven hits in 1½ innings of work.

The Yankees broke the game wide open in the second, putting five runs on the board in the frame.

METRO NEWS SERVICES



FRED THORNHILL/REUTERS

Former Edmonton Cracker-Cat Scott Richmond walks off the mound after giving up five runs to the New York Yankees last night as the Blue Jays lost to the Yankees 8-2.

Arms race heats up as Eskimos ink new QB

CFL The Edmonton Eskimos have signed quarterback Lester Ricard, the club announced yesterday.

Ricard, a standout at Tulane University, has



spent time on the practice squads of both the Jacksonville Jaguars and the Carolina Panthers. In three NFL pre-season games, the six-

foot-five, 232-pound QB completed 13 passes on 22 attempts for 191 yards.

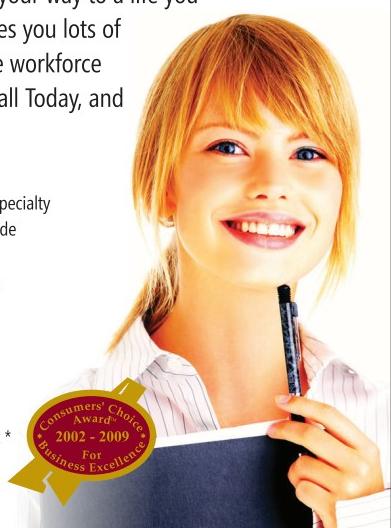
Ricard was a three-year starter at Tulane after transferring from LSU.

METRO NEWS SERVICES

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Rust-Oleum has released new spray-on chalkboard paint, great for a child's room or the door of the pantry, where you can write To-Do and grocery lists. Visit rustoleum.ca for more information. METRO NEWS SERVICES

Metro Homes

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Contemporary feel in a dense population

Suite Talk

JOEL MESSNER
for Metro Canada

Creating a livable space within more densely populated neighbourhoods was the inspiration behind Homes by Avi's Aspen model right now featured in the Stonewater development in Calgary says the company's product development manager — who adds that you can find a similar model in the Edmonton development, Sandstone.

Michael Jacobson describes the addition of a back lane, below-grade parking entrance for each home, along with the front porch access to a park.

With the granite eating bar, an executive tile package in the bathrooms, and mosaic tile for the bathroom backsplashes and the fireplace surrounds, Jacobson said the idea is to have



Seen above is a shot of Homes by Avi's Aspen model in Calgary. Similar suites can be found in the Edmonton Sandstone development, right.

the 1,460 square foot two-storey Aspen appeal to the contemporary buyer.

"Because of the contemporary finish and style it definitely appeals to a younger buyer," said Jacobson.



No more mess

Ever try to stain a wooden piece of furniture and end up staining your hands, arms, legs and the floor? Verathane has the answer for you with its new line of foam stains. Simply apply the foam to wood and rub in and you're done.

METRO NEWS SERVICES

Open up the cottage, but bring a tool belt

HomeScape

Sylvia Putz

metronews.ca/homescape

thorough job of preparing for the winter in the fall are a lot less likely to suffer from a nasty surprise, come the cottage-opening season.

Here are some tips for the cottage:

- In the spring, check all pipes and connections before you prime the water pump.

- Visually check exterior wiring to the cottage to spot any fraying or damaged lines before you power up the cottage.

- Wait for the hot water heater to fill up with water before you flip the switch to start it up for the season, or you could burn the heating elements.

- Cut back dead or damaged branches. Also check wood siding for any sign of rot, and pay special attention to caulking around windows. Look onto the roof for missing shingles or fixtures.

- On the interior, inspect for any water damage on ceilings or walls. This can help you spot leaking problems that may not be visible on the outside.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

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Nudura's concrete building system is very eco-friendly.

Green materials remain popular

Canadians recognize the long-term cost-saving value of building a home with sustainable materials. Recession or no recession, survey findings show that in the next five years, the "green" building market in North America is expected to double with up to 20 per cent of us insisting on the use of sustainable materials.

"A green home uses less energy and natural resources," says Todd Blyth at Nudura, a Canadian company known for its concrete building system to replace wood. "An environmentally responsible structure creates less waste and is healthier and more comfortable for the occupants. Other equally important benefits include lower energy and water bills, reduced exposure to mould, mildew and other indoor toxins that are often associated with traditional building methods."

When talking to your builder, ask for materials and systems that meet established green criteria and work in conjunction with each other.

"Concrete is a good place to begin," says Blyth, referring to the Nudura building system. This greener process builds walls to the roof with a method that entails interlocking forms with two layers of polystyrene, steel reinforced, and filled with concrete.

"The resulting walls deliver far superior performance than the traditional wood frame method. A home constructed this way will improve your lifestyle — and if combined with our ceiling and floor insulation, you will see even greater benefits to the environment, to your operating costs and to the overall re-sale value of the house."

NEWS CANADA

Don't store your food in your tent. Rodents will chew holes in your tent to get to it. Hang food high above the ground or use a bear-proof container and make sure it is a considerable distance from where you are sleeping. [CAMPING-CANADA.COM](#)

Summer Camps

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA

Culture vultures

Arts programs growing in popularity in Alberta

ANDREAS MORSE
for Metro Edmonton

When it comes to summer camps in Alberta, there's no competition between sports and the arts. There are far more soccer camps than there are playwriting camps.

But if you look hard enough, you'll find that children of all ages, and even adults in some cases,

On the web

- For more information on the Calgary Arts Summer School Association, visit [calgaryartsummer.com](#).
- To learn more about Art Xpressed, call the Harcourt House at 780-426-4180.

can spend their summer learning how to paint or play the piano just as easily as finding a wilderness or basketball camp in this province.

Take the Calgary Arts Summer School Association (CASSA) for example. The registered charity has been running summer programs focusing on the arts since 1993 and has seen more than 2,500 students pass through its doors.

The Calgary art school covers everything from musical theatre and drama to singing and strings, and it also caters to everyone from small children to adults, which, according to co-founder Linda Kundert-Stoll, makes CASSA quite unique.

"A parent can take a



Kids at summer arts camps can learn everything from painting to sculpting to drawing, and more.

camp together with their child," she says. "Or a teacher can take the same camp as a student — that's one of the unique qualities that we offer in some of our programs."

Kundert-Stoll says, because of the school's popularity, she and her co-founders have been asked several times to open the doors year-round, but it's

just not possible when most of the teachers have day jobs.

So for now, the plan is to stick with the summer schedule.

The kids will be getting their culture in Calgary this summer, but there are art camps to be found in the provincial capital as well.

Art Xpressed is a camp

offered at the Harcourt House Arts Centre in downtown Edmonton. According to Terrena Boss, the art centre's exhibitions and art education manager, Harcourt House has been receiving calls about their summer camps since January, and they haven't even chosen their instructor yet.

Last year the camps



CASSA co-founder Linda Kundert-Stoll, right, teaches Caroline Johnson at Piano Camp.

were completely full with a few extra, and this year they expect the same enrollment numbers.

The Harcourt House Art Centre runs two camps, one for seven to 11-year-olds and the other for 12- to 16-year-olds. Boss says the kids can expect to learn everything.

"Generally speaking, we'll do sessions on screen printing, painting, and sculpture with clay; it does cover a whole broad range of things," Boss says. "It's about getting kids out and interacting in the art community. It's meant to be a learning experience but it's also meant to be a lot of fun."



vent staining from mildew.
NEWS CANADA

Repeatedly folding your sleeping bag the same way can create creases and cold spots in insulation.

Preparing kids for camp need not be a daunting task

For those thinking an expensive vacation is out of the question this year, camping is a fun and affordable vacation for the entire family.

Preparing for a camping vacation can seem like a daunting task, especially if

you and your family are first-time campers, but it doesn't have to be.

Below is a list to ensure nothing is forgotten and that your camping trip is safe and memorable:

- Think through activities you'll be participating in

and pack what you'll need accordingly.

- Pack any bottles of previously opened sundries like shampoo or insect repellent in sealed plastic bags so that if they leak, they won't ruin anything else.
- When packing bags, con-

sider the order in which you'll need items and arrange them accordingly.

- To minimize creasing, roll your clothes instead of folding them.
- Always stuff your tent back into its storage bag. Don't fold it as creases from

folds can weaken fibres. Same applies to sleeping bags. Folding and rolling your sleeping bag in the exact same manner each time will create creases and cold spots in the insulation.

• Always air out a tent before putting it away to pre-



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summer camps 13

Reveal their inner scientist

SIOBHAN O'BIRNE



Just because summer is an indication that school is ending, that doesn't mean students should give up learning about science.

The number of science programs is as varied as the animal kingdom. From taking an in-depth look at the prehistoric world of dinosaurs to exploring the mysteries of deep space, there are summer science programs offered for whatever your interest and whatever your age.

Science class may not be every elementary school student's favourite class, especially when they are learning from books rather than hands-on experience.

That's where summer science camps come in: They offer kids new and exciting ways to explore the tantalizing world of science.

These camps open up the possibility for kids and teens to learn about the environment, technology, palaeontology, outer space, and a plethora of other ar-



Kids can learn using hands-on experience at one of the many science camps on offer in Alberta.

eas of scientific investigation and innovation.

"We have seen increasing popularity over the years," said Lisa Polley, youth program co-ordinator at Telus World of Science. "We are offering what the community is looking for with new and exciting things."

With an increase in the enrolment numbers for these programs, there are plans to build a new science centre for 2011. This

will allow Telus to open their doors to even more eager young scientists. Starting with groups as young as five, the Telus World of Science offers six separate programs for a variety of age groups.

For a more prehistoric look into the science world, EnCana Badlands Science Camp — which is sponsored by the Royal Tyrrell Museum in Drumheller — offers a week-long overnight pro-

gram for children and teenagers between the ages of nine and 15, but also offers four-day family trips.

Offering kids a fun environment in which to learn about science and the effects it has on the planet is an innovative way of keeping them learning over the summer months. Who knows, maybe one of the programs will lead to the discovery of the next Isaac Newton or Albert Einstein.

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The Barenaked Ladies launched the new Ben & Jerry's ice cream named after them this week. If I Had 1,000,000 Flavours contains a "collision of chocolate and vanilla ice creams," with chocolate-covered toffee, chocolate-covered almonds, white chocolate chunks and peanut butter cups. TORSTAR NEWS SERVICES

Food

Look for firm, straight spears with deep green or purple tips that are compact and tightly closed. The stem ends should be moist and green, not grey, cracked or dry.

BARB HOLLAND/FOR METRO CANADA



Same size

Skinny, medium or large, the size isn't the issue, but try to pick similar size spears for even cooking. Medium to large are better for the grill.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

LiquidAssets

Peter Rockwell



Three cheers for these beers

Ah, the first fair-weather long weekend of the year is on the horizon and the drinking is easy. Whether it's Molson, Labatt, Keith's, or any one of the dozens of excellent micro-brews (with a hometown shout out to Nova Scotia's Garrison and Propeller breweries) made across our vast piece of geography, nothing goes better with a Canadian three-day than a few too many cold ones.



I've had the chance to tour London's own Fuller's Brewery in Chiswick more than once and their **ESB** (500 ml, \$2.50 - \$3.99) — which stands for Extra Special Bitter — is a classic, full-bodied malt-fest with plenty of lively hops and, you guessed it, bitterness. Combine a pint with your favourite barbecue grub this weekend.

If European lagers from the mainland are more your style, try the Czech Republic's **Czechvar** (500 ml, \$2.55 - \$3.05) with goulash, roast pork or just about anything. Its golden colour and rich, concentrated flavour oozes drinkability.

Prices reflect the range across the country. Some products may not be available in all provinces.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

Canadian Living recipe of the month

Grilled Mustard Sage Pork Tenderloin and Potato Salad

INGREDIENTS:

- 2 tbsp (25 ml) each Dijon mustard and grainy mustard
- 1 tbsp (15 ml) minced fresh sage (or 1/2 tsp dried)
- 1 tbsp (15 ml) each extra-virgin olive oil and cider vinegar
- 1 tsp (5 ml) packed brown sugar
- 2 small cloves garlic, minced
- 1 lb (500 g) pork tenderloin
- 1/2 tsp (2 ml) each salt

and pepper

- 1 lb (500 g) mini red potatoes, quartered
- 2 tbsp (25 ml) light mayonnaise
- 2 tbsp (25 ml) chopped gherkin pickles
- 2 green onions, chopped

METHOD:

In glass bowl, combine Dijon and grainy mustards, sage, oil, vinegar, sugar and garlic. Remove 1 tbsp (15 ml) and reserve for potato salad. Add pork to bowl, turning to coat. Cov-

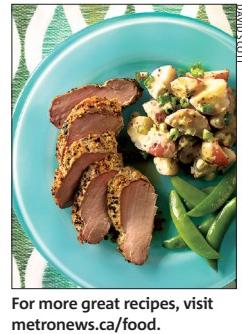
er and refrigerate for 10 minutes or for up to 8 hours. Place pork on greased grill over medium heat; close lid and grill, turning once, until juices run clear when pork is pierced and just a hint of pink remains inside, about 20 minutes. Sprinkle with half each of the salt and pepper. Let stand for 5 minutes before slicing.

Meanwhile, in saucepan of boiling salted water, cover and cook potatoes until tender, about 10 minutes. Drain; let cool.

In bowl, combine mayonnaise, pickles, green onions, remaining salt and pepper, and reserved mustard mixture. Add potatoes; toss to coat. Serve with pork.

online

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For more great recipes, visit metronews.ca/food.

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Style



EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

The new faces of L'Oréal

Announced yesterday, two well-known beauties — Evangeline Lilly (far left), and Freida Pinto — join L'Oréal Paris as new world spokespeople for the brand. Pinto is best known for her starring role in the Oscar-winning film *Slumdog Millionaire*, while Lilly caught viewers' attention in the popular TV drama *Lost* in which she won a 2007 Golden Globe Award nomination for best actress. METRO NEWS SERVICES

Canada's multimedia maven

Fashion icon Jeanne Beker has a fundamental passion for communication

BRIAN COULTON
for Metro Canada**There was a time Jeanne Beker recalls when specialization intimidated success.**

"They used to say 'Jack of all trades, master of none!'" an energetic Beker says with a mocking nasal voice in her downtown Toronto office. "I think it's a very old fashioned notion now. It would be a pretty boring life for me if I was only involved in one medium."

Boring, for the Canadian fashion icon, would make most beat. Beker is the long-time face of Fashion Television, editor-in-chief of FQ and Sir magazines, author of three books, fashion columnist for The Globe and Mail and a judge on CTV reality show Canada's Next Top Model, its third season set to premiere on May 26.

The array of multimedia hats Beker wears today (which surely match those in her closet) stems from her fundamental passion for communication. Before media, Beker was an actress, once studying mime in Paris under Marcel Marceau's teacher Étienne Decroux. It wasn't until 1975, when she moved to St. John's, Nfld., that she found her voice.

"I was the only mime artist in the province and I got a job in radio," she says with irony. "That's just the



Fashion journalist Jeanne Beker, second from left, returns to her post as Canada's Next Top Model judge along with (left to right): Mike Ruiz, Jay Manuel, Yasmin Warsame and Nolé Marin.

proof that I was really all about communication, first and foremost."

St. John's became Toronto, radio turned into television and Beker found herself on the big city small screen, hosting The New Music with CNN-bound JD Roberts. But after meeting all of her youthful rock idols ("I

thought, if I interview Rod Stewart once more, I'll lose it!" she quips), Beker, then in her early 30s, says she desired doing something more "age appropriate."

"Fashion's the kind of thing you can grow old in ... Actually, fashion keeps you from ever growing old in some ways, because it's

constantly changing. It looked like the next big thing, and we were right."

That prediction has held strong for 24 years, since Fashion Television was created (a run Beker says she'd never have believed if told back then). Today, she continues to be seen running about the streets of the world's fashion cap-

"Fashion keeps you from ever growing old in some ways, because it's constantly changing."

Jeanne Beker,
Canada's Next Top
Model judge

itals with her cameraman and a microphone in hand, reporting from runway shows and interviewing befriended designers from Gaultier to Valentino. But despite her years in the business, Beker says she'll never tire of fashion.

"The only constant in fashion is change. The personalities — the egos, the icons and the drama in fashion — it's all so irresistible. To me, it's the most colourful arena I can imagine."

But, it's also one Beker doesn't know how to progress further in. "I think about it every night!" she says, slapping her desk. She says she only hopes to continue to present popular culture's cutting edge, in a motley manner.

"It's about really reaching out and communicating to people and looking at situations in a multitude of different ways. That's what makes things so compelling — when there are all these different textures to play with."

Distressed jeans — your own way

KENYA HUNT
Metro World News

You don't have to pay hundreds of dollars to wear the ripped jean look. Simply grab an old pair from your closet and create it yourself.



1 Place a wood cutting board inside each pant leg. Pick strategic areas on the denim that you want to look worn. Scrape designated areas with a cheese grater until you achieve the desired look.

2 Using a large, utility knife, cut areas of jeans that you'd like to look ripped (don't use scissors, which will make the rips look too precise.) Grab a rough pumice stone or sandpaper and rub the fabric around the cut in order to soften the edges and give that aged look.

3 Wearing rubber gloves, dip a sponge into a bucket of bleach and water. Next, lightly sponge areas you want to look discolored. Afterwards, toss in washing machine and voilà — you've got a pair of distressed jeans.

Dsquared2's new '70s-inspired eyewear

DENISE SURETTE
for Metro Canada**With winter well behind us, now is a good time to start thinking about sunglasses for strolling around town, lounging on a patio or hitting the beach.**

Willowdale, Ont.-born designers and identical twins Dean and Dan Caten, creators of Dsquared2 — a high-end men's and women's clothing line out of Milan — have just introduced eyewear to their collection.

A year in the making,

Dsquared2 has teamed up with prestigious Italian eyewear manufacturer Marcolin to present the world with a 1970s hip-hop-inspired collection of sunglasses and frames. Marcolin also manufactures eyewear for Tom Ford, John Galliano Eyewear and Miss Sixty Glasses.

Dsquared2 will have its eyewear ready for Canadians to purchase from Holt Renfrew as of this month.

The men's designs are metallic and gold-square shapes, while the women's glasses are large and round-edged with a cat-eye glare.

Dan Caten, one half of the Dsquared2 design team, said the inspiration for the eyewear collection came naturally to them because it was a great era for design.

"We always go with what we're into," said Caten. "The '70s were a new moment. Hip hop was a new thing."

After having designed some accessories already for its line, the eyewear release is a full collection, something Dsquared2 is interested in doing in the future with other accessories.



Dean and Dan Caten, the identical twins behind the Dsquared2 brand, just launched a new '70s-inspired eyewear collection.

FlareFashion

Lisa Tant

Read the blog at metronews.ca/flarefashion



Former supermodel Paulina Porizkova revealed this week that she has been booted from her judge's post on America's Next Top Model. "Listen, do you know why I am in Los Angeles? Because I am looking for a job," Porizkova informed Craig Ferguson on his talk show. EONLINE.COM



First time

Prince Harry will be making his first formal visit to the United States later this month to participate in the second annual Veuve Clicquot Manhattan Polo Classic on New York's historic Governors Island. PEOPLE.COM

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Green Day takes swipe at U.S.

Green Day

Album: 21st Century Breakdown **Label:** Warner **Rating:** 1/2

IT'S BEEN FIVE years since Green Day completed its transformation from poseur punks to thought-provoking social activists, so no one should be surprised that the group's new album takes another swipe at America's decaying culture. What is astonishing is that the California trio is even more upset and angry about the state of their country, even though a new U.S. president is in power. In this three-act rock opera, the band rails against religion,



and alienation among other things. Musically, this is as tight as they've ever been, though some of the more classic rock sounding tracks aren't as strong as the punk-influenced tunes.

Bryan Borzykowski/for Metro Canada

The Crystal Method

Album: Divided By Night **Label:** Tiny e Records **Rating:** 1/2

WHEN THE CRYSTAL Method exploded on the dance scene in the late-'90s, their competition was limited to a handful of acts. Now, everyone's playing loud, big beat dance music, so the duo has to step it up if they want to



Green Day rails against religion and alienation on its new album, 21st Century Breakdown, which is out Friday.

stay relevant. They've tried to do just that by enlisting a bevy of popular indie artists, including Metric's Emily Haines, to sing over their slick electro sounds. While it works to some de-

gree — Matisyahu's Drown in the Now might be his best work yet — it's missing the attack and originality that their younger contemporaries have mastered.

Bryan Borzykowski/for Metro Canada

Sophie Milman

Album: Take Love Easy **Label:** Linus **Rating:** 1/2

THERE ARE TIMES when the world seems awash with "sexy" or "sultry" candle light-and-wine jazz singers whose phrasing is always more important than the actual power of her instrument. So what makes, Milman any different? Hard to say, really. But there's a timbre and tone to her alto voice that is just so ... likeable. Here, she follows up her Juno-winning Make Someone Happy CD with a mix of the usual jazz standards



MusicReviews

music@metronews.ca

by stalwarts like Cole Porter, Johnny Mercer and Duke Ellington with some intriguing arrangements of more contemporary tunes. The formula works wonderfully on Paul Simon's 50 Ways To Leave Your Lover and Joni Mitchell's Be Cool, both of which were written during their masters' "jazz periods." It fails, however, on Bruce Springsteen's I'm On Fire and offers surprising results on Bonnie Raitt's I Can't Make you Love Me.

Graham Rockingham/for Metro Canada

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Celebrity Buzz

Anna's posse pleads not guilty

DRAMA Three of those in Anna Nicole Smith's most-trusted circle pleaded not guilty Wednesday to conspiring to provide the drugs that killed her in 2007, people.com reports.

Howard K. Stern, 40, Smith's lawyer-boyfriend, her physician Sandeep Kapoor, 40, and Smith's neighbour and psychiatrist Kristine Eroshevich, 61, entered the pleas before Los Angeles Superior Court Commissioner Kristi Lousteau, who ordered the three back on June 8 to set a summer date for a preliminary hearing.

METRO NEWS SERVICES



Vanessa to bare all on screen?

RATED R You may be seeing a lot more of Vanessa Hudgens in the future, usmagazine.com reports.

"I will show nudity in a film when the time is right," the 20-year-old High School Musical star tells E! Online.

"If it's an amazing movie that I'm really passionate about and that's what it calls for, then we'll see," she added.

The actress also appeared nude in 2007, in photos that leaked online.

METRO NEWS SERVICES

From drug to rap addiction

QUOTEABLE Eminem wanted to kill himself at the height of his addiction problems, femalefirst.co.uk reports.

The rapper — who is set to release his new album following a three-year-break from music — admits he briefly considered committing suicide while struggling with his alcohol and drug problems.

He told British TV talk-show

host Jonathan Ross: "I just wasn't taking care of myself, at times I wanted to just give it up. 'I was in a dark place. I wanted to

pull back from the spotlight to reassess my whole career," he added. "I got sober but it was pretty rough. A couple of years were bad for me."

The 36-year-old hip-hop star is thrilled with his new material and insists he is only addicted to work these days.

He said: "I almost feel like a little kid again with rap. Rap was my drug. It used to get me high and then it stopped getting me high. Then I had to resort to other things to make me feel that ... now rap's getting me high again."

METRO WORLD NEWS



K-Fed can't get enough from Brit?

SPENDER NOT SAVER Kevin Federline reportedly can't make ends meet with the \$40,000 US a month he receives from ex-wife Britney Spears.

The singer pays Federline \$20,000 a month for child support, plus an additional \$5,000 a week while she's on tour.

But according to the National Enquirer, it's not enough to cover his

monthly expenses: \$7,500 for rent on his Encino home, \$2,000 for food, \$1,500 for utilities, \$800 for booze, \$2,800 for a nanny for their two sons and \$3,000 for bodyguards.

"Kevin has blown

through millions of dollars," a source says. "When he and Britney divorced, Kevin continued the superstar lifestyle, and he spends all the money that he gets."

METRO WORLD NEWS



Hugh wants own Rainbow Tribe

FAMILY ASPIRATIONS Looks like Hugh Jackman is gearing up to expand his family.

The Wolverine star, who's already adopted two children with wife Deborah-Lee Furness, is reportedly planning to adopt another child — and

maybe even two.

"Hugh is a big believer in adoption — not just personally, but from a world-

view of extending help to parentless children," a source close to the couple tells the National Enquirer.

"They are adopting another child now, and plan to welcome a fourth into their family down the road. It has become their mission."

METRO WORLD NEWS

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Dad giving up on Amy?

DAD'S LIMITS Amy Winehouse's dad, Mitch, has stood by his daughter through her troubles with drugs. But now that those have been replaced with an alleged alcohol addiction, he says he's not sure he can continue to stick around.

"But now, if it's alcohol instead of hard drugs — I don't think I can go through that again. I've decided to distance myself and whatever happens, happens," he said.

"It's her life. It's her career. It's her decision."

METRO
WORLD
NEWS

GETTY IMAGES

LiLo avoids burglary

RICH AND FAMOUS Burglars targeted Lindsay Lohan's home, femalefirst.co.uk reports. Police were called to the actress' Los Angeles property at about 3 p.m. on Tuesday after a security alarm at the property was set off.

A police officer said: "It was an attempted burglary. No property was taken. There was evidence that

someone tried to get in her house, but there's no evidence that they actually got inside or removed any of her property."

After being alerted to a problem by the property's alarm company, police went to investigate, and found evidence of an attempted break-in, including pry-marks on a door and damage to a window.

E! News has reported a man who has allegedly been stalking the 22-year-old star and making threats against her. She is a "person of interest" in the case.

METRO
NEWS
SERVICES



Today

Light rain early.
11°C / 0°C

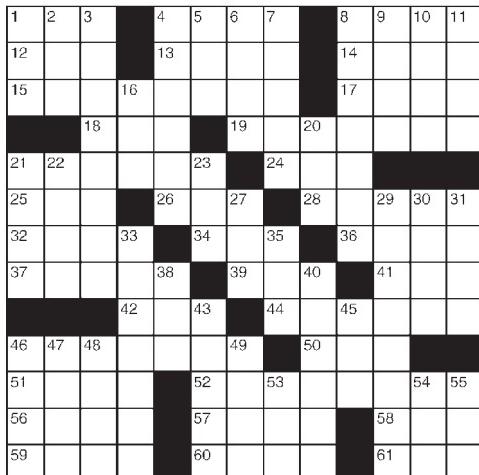
Friday

Morning clouds.
14°C / 0°CSaturday
Mostly cloudy.
17°C / 2°C**Michele McDougall, Weather Specialist & Host – Breakfast Television**

'My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes.'

WEEKDAYS AT 6 A.M.

entertainment 19

Take Five**Crossword across**

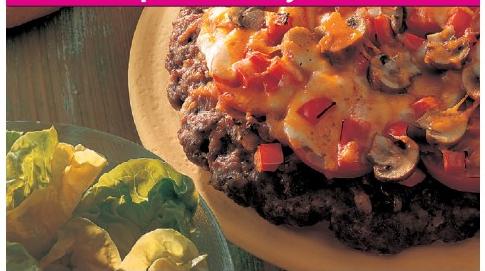
- 1 Feathery neckpiece 36 — podrida
 4 Weevil invader 37 Battle verbally
 8 Diplomacy 39 Afternoon affair
 12 Puncturing tool 41 Fleur-de—
 13 Reed instrument 42 Succumb to gravity
 14 Petri-dish matter 44 Thing
 15 Giving permission 46 Baton wielder
 17 Entice 50 Journal
 18 Online address 51 Pinnacle
 19 Exhibition setting 52 Soothing
 21 Sweeney Todd, e.g. 56 Fit of peevishness
 24 Deposit 57 Voice of Fiona in "Shrek"
 25 With 21-Down, "Arabian Nights" hero 58 Teachers' org.
 26 Scoot 59 Towel marking
 28 Rub the wrong way 60 A handful
 32 33 34 35 36 61
 37 38 39 40 41
 42 43 44 45
 46 47 48 49 50
 51 52 53 54 55
 56 57 58
 59 60 61

Crossword down

- 1 Sheepish remark? 29 Making a claim
 2 Hooter 30 Gendarme
 3 Sexy 31 Bridge position
 4 Alley athlete 33 Fabric inserts
 5 — Wan Kenobi 35 Author Buscaglia
 6 Protracted 38 Pack away
 7 Constitutional 40 Burning
 8 Hunter's cry 43 Alumni
 9 Chills and fever 45 Cohort of Whoopi and Sherri
 10 Singer Vikki 46 Hawkeye's sitcom
 11 Deuce beater 47 Dermatology subject
 12 Sceptre topper 48 Ottoman potentate
 20 Fond du —, Wisc. 49 Hodgepodge
 21 See 25-Across 53 Hasty escape
 22 Winged 54 Ultramodern
 23 Actress McClanahan 55 Tie up the phone

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:Find today's answers + play more games at metronews.ca**SUDOKU SOLVE TIME:**

Under 13 min	Genius	17-21 min	Smart
13-17 min	Scholar	21-25 min	Not bad
		25+ min	Keep practising

Metro Recipe of the Day**Mighty Burger****INGREDIENTS:**

- Oil for greasing
 2/3 lb (300 g) lean ground lamb
 2/3 lb (300 g) lean ground pork
 2 tsp (10 ml) dried Italian herb mix, or mixed herbs
 1 small egg
 3 tbsp (45 ml) (85g) fresh breadcrumbs
 Salt and black pepper
 A few drops of Worcestershire sauce
 2 tbsp (25 ml) olive oil
 1 medium onion
 1 large clove garlic
 1-2 tsp (10 ml) chili powder
 1 small red pepper
 2 tomatoes
 3 oz (85 g) button mushrooms
 1/4 lb (110 g) mozzarella cheese
 1/4 lb (110 g) cheddar cheese

METHOD:

- Preheat oven to 375 F (190 C). Lightly oil 10-in. (25-cm) pizza sheet or baking pan.
- Put meat into bowl. Add herbs, then stir in egg, breadcrumbs, salt, pepper and good splash of Worcestershire sauce. Mix well together.
- Press mixture evenly on

to pizza sheet, or put onto baking tray and shape into 10-in. (25-cm) round. Cook burger in oven for 15–20 minutes.

4. Meanwhile, heat olive oil in frying pan. Peel and chop onion and garlic. Add to oil and fry until soft, 5 minutes. Stir in chili powder and remove from heat.

5. Rinse pepper and tomatoes and clean mushrooms. Deseed and dice pepper, then slice tomatoes and mushrooms. Cut mozzarella into thin slices and grate cheddar.

6. Remove burger from oven and drain off liquid; increase oven temperature to 425 F (220 C).

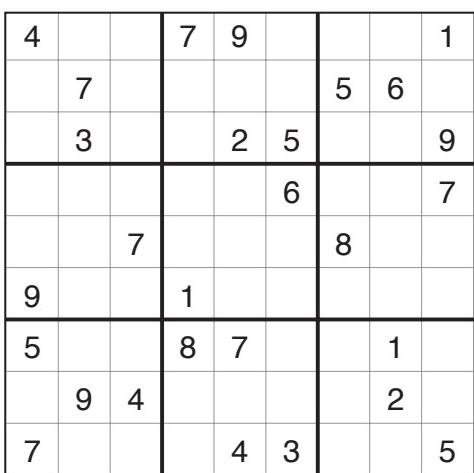
7. Spread onion mixture over burger. Add pepper, tomatoes and mushrooms. Sprinkle cheese on top. Bake for 5 minutes, or until cheese melts. Serve in wedges with crusty bread, salad and ketchup.

SERVES 4**rd.ca**

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

**Sudoku** For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

**Horoscopes by Sally Brompton****ARIES****MARCH 21-APRIL 20**

Make the world sit up and take notice of you today. Do something that no one can possibly ignore. It's time to get yourself noticed again.

LIBRA**SEPT 23-OCT 23**

Anyone who thinks you've not been your happy-go-lucky self lately will have to revise their opinion in the next few days as the smile returns to your face.

TAURUS**APRIL 21-MAY 21**

Sometimes it's nice to go with the flow and let others call the tune; this is one of those times. If you get lost in the crowd today it won't worry you.

SCORPIO**OCT 24-NOV 22**

What you have to do today may make you unpopular but you won't shirk responsibilities for the sake of people whose respect you can live without.

GEMINI**MAY 22-JUNE 21**

You may feel a need to prove yourself but you also need to be realistic about what you can achieve. Aim high today but don't lose sight of who you are.

SAGITTARIUS**NOV 23-DEC 21**

You want to support a plan that means a lot to a friend but you suspect it may not be good for them or you. Go through it with them point by point.

CANCER**JUNE 22-JULY 22**

You may feel out of your depth but it's nothing to worry about, so don't be discouraged. Others may know more but they don't have your tenacity or sensitivity.

CAPRICORN**DEC 22-JAN 20**

Not everyone who makes you an offer is out to steal your money. Someone who approaches you with a money-making idea should be listened to.

LEO JULY 23-AUG 23**Others**

Others may say you should suppress your natural instincts but you know you won't be happy if you do, so ignore their advice and do what feels right to you.

VIRGO**AUG 24-SEPT 22**

Others may say you should suppress your natural instincts but you know you won't be happy if you do, so ignore their advice and do what feels right to you.

PISCES**FEB 19-MARCH 20**

You will feel much better about yourself today if you forget about your duties and chores for a while and spend time doing what makes you feel happy.

WORDY GURDY®

BY TRICKY RICKY KAHN:
 Every word in this string of words has EAT CUT and DOUBLE TROUBLE, and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

- Not an old line in London (1)
- Actor Penn's displays of tiredness (1)
- Gotham City Bruce's Dow profits (1)
- Animal life in a gym sweatbox (2)
- Addam's family butler's cathedrals (2)
- (With 7) Recklessness due to dire ... (2)
- ... straits in the act of breathing (4)

This day in history

- MAY 14, 1796: Edward Jenner administers the first smallpox vaccination.
 MAY 14, 1804: The Lewis and Clark Expedition begins its historic journey by travelling up the Missouri River.
 MAY 14, 1925: Virginia Woolf's novel Mrs Dalloway is published.
 MAY 14, 1939: Lina Medina becomes the world's youngest confirmed mother in medical history at the age of five.
 MAY 14, 1955: Cold War: Eight communist bloc countries, including the Soviet Union, sign a mutual defense treaty called the Warsaw Pact. METRO NEWS SERVICES

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metrotube of the day

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